

The Prostate and Its Problems

About the Authors



Hans Larsen is a Professional Engineer and holds a Master's degree in Chemical Engineering from the Technical University of Denmark. He developed a lifelong interest in biochemistry and nutrition through his early studies with Professor Henrik Dam, the Nobel Prize-winning discoverer of vitamin K. Later he honed his technical writing skills by abstracting for *Chemical Abstracts* then the world's largest abstracting service. After a rewarding career in research and management in the oil and petrochemicals industry, Hans Larsen retired and in 1992 began publishing *International Health News*, first in printed form and then exclusively on the Internet. He later did extensive research into lone atrial fibrillation, a disorder now reaching epidemic proportions, and in December 2002 published his first book *Lone Atrial Fibrillation: Towards A Cure*. This book was followed by *Thrombosis and Stroke Prevention* – a layman's guide to the causes and prevention of ischemic strokes. Both books have achieved great popularity among atrial fibrillation patients. Hans resides in Victoria, British Columbia with Judi, his wife of 35 years, and keeps his prostate healthy through hiking, cycling (with a soft cut-out saddle), and good nutrition.



The co-author of this book, **William Ware**, is an emeritus professor of chemistry at the University of Western Ontario in London. He received a Ph.D. in nuclear chemistry and physical chemistry from the University of Rochester and subsequently held academic positions at San Diego State University and the University of Minnesota. He was enticed to move to Canada in 1971 to join five other senior professors in forming the Photochemistry Unit, a research institute within the Chemistry Department of the University of Western Ontario devoted to basic research in photochemistry, photophysics, photobiology and spectroscopy.

His research was mainly concentrated in the fields of fast reactions of excited molecules and time-resolved fluorescence spectroscopy. He was also involved as principal investigator in the clinical testing of a novel fluorescent technique for the diagnosis of cancer. In 1980 he served on the faculty of the NATO Advanced Study Institute at St. Andrews, Scotland, which was devoted to time-resolved fluorescence spectroscopy in biology and biochemistry. He has authored over one hundred scientific papers and reviews and edited three volumes of the series *Creation and Detection of the Excited State*, a series published by Marcel Dekker.

Retirement provided an opportunity to devote considerable time to another interest, preventive and complementary medicine, approached from an evidence-based point of view. Access to the world's medical literature through the University Library, coupled with the background derived from a career in basic research, enabled this interest to flourish and eventually led to the writing of a number of research reviews for *International Health News*. Bill resides in London, Ontario with his wife Hannah. When not researching and writing about health issues he collects, restores and deals in both antique and modern stringed instruments and their bows.