

FRAMINGHAM POINT SCORES. ESTIMATED 10-YEAR PERCENTAGE RISK OF CORONARY HEART DISEASE. (Adapted from [17], W = women, M = men)

<u>AGE</u>	<u>Points (M)</u>	<u>Points (W)</u>	<u>HDL (Mg/dL)</u>	<u>Points (M)</u>	<u>Points (W)</u>
20-34	-9	-7	>60	-1	-1
35-39	-4	-3	50-59	0	0
40-44	0	0	40-49	1	1
45-49	3	3	<40	2	2
50-54	6	6			
55-59	8	8			
60-64	10	10			
65-69	11	12			
70-74	12	14			
75-79	13	16			

<u>SYSTOLIC BLOOD PRESSURE (MG Hg)</u>				
		T = points if untreated		UT = points if untreated
BP	UT (M)	UT (W)	T (M)	T (W)
<120	0	0	0	0
120-129	0	1	1	3
130-139	1	2	2	4
140-159	1	3	2	5
>159	2	4	3	6

POINTS FOR INDICATED AGE GROUPS

<u>Smoking status</u>	<u>20-39</u>	<u>40-49</u>	<u>50-59</u>	<u>60-69</u>	<u>70-79</u>
Nonsmoker (M)	0	0	0	0	0
Smoker (M)	8	5	3	1	1
Nonsmoker (W)	0	0	0	0	0
Smoker (W)	9	7	4	2	1

Total Cholesterol (mg/dL)

Men	<160	0	0	0	0	0
	160-199	4	3	2	1	0
	200-239	7	5	3	1	0
	240-279	9	6	4	2	1
	>280	11	8	5	3	1
Women	<160	0	0	0	0	0
	160-199	4	3	2	1	1
	200-239	8	6	4	2	1
	240-279	11	8	5	3	2
	>280	13	10	7	4	2

ESTIMATED 10-YEAR PERCENTAGE RISK OF CHD

<u>Men</u>		<u>Women</u>	
<u>Total points</u>	<u>% Risk</u>	<u>Total points</u>	<u>% Risk</u>
<0	<1	<9	<1
0-4	1	9-12	1
5-6	2	13-14	2
7	3	15	3
8	4	16	4
9	5	17	5
10	6	18	6
11	8	19	8
12	10	20	11
13	12	21	14
14	16	22	17
15	20	23	22
16	25	24	27
>16	>30	>24	>30